## HEALTH SYMPTOMS FROM

## ALL WIRELESS DEVICES <br> INCLUDING MILITARY WEAPONIZATION OF THE ATMOSPHERE (COMPONENT OF CHEMTRAILS)

- Confusion
- Short term memory loss
- Inability to focus
- Brain fog/sluggish thinking
- Difficulty concentrating
- Headaches
- Migraines
- Vision disruption or eye problems
- Eye pain
- Cataracts
- Head or chest pressure
- Allergies
- Difficulty breathing
- Respiratory problems
- Slow reaction time
- Sleep disruption
- Insomnia
- Night sweats
- Nightmares
- Dizziness
- Disorientation
- Balance Problems
- Agitation
- Anxiety
- Depression
- Suicide
- Tension
- Irritability
- Tremors
- Nervousness
- Seizures
- Vertigo
- Nausea or vomiting
- Flu-like symptoms
- Digestive difficulty
- Nose bleeds
- Hair Loss
- Rapid Aging/oxidative damage
- Skin problems including rashes
- Skin irritation/dryness
- White Noise $24 / 7$
- Ringing or buzzing in ears
- Ear pain
- Tinnitus
- Bed wetting
- Urinary problems
- Behavioral problems in children
- Pets get jumpy
- Mood disorders
- Lethargy
- Exhaustion
- Chronic fatigue
- Lost productivity/sick days
- Loss of employment
- Unusual family conflicts
- Disintegrating relationships
- Disturbs Blood Brain Barrier Allowing Toxins to Enter

- Electronic Harassment-StalkingMind Control
- Controlling thoughts, Directing physical Actions. V2K Voice to Skull
- Violent behavior
- Autism
- ADHD
- Weakened immune system
- Physical weakness or pain
- High blood pressure
- Leg cramps
- Stiff neck or back
- Shuts down the cells-cell death
- Changes in genetic makeup
- DNA breakage
- EMF causes mercury dental filling vapor to leak causing
organ and brain damage
- Psoriasis
- Autoimmune disease
- Lupus
- Damages mitochondria
- Free radical damage and aging
- Worsening existing poor health
- Demineralization of cells/tissue
- Impotence
- Infertility
- Birth defects
- Life span decreases by $+/-8$ years
- Heart Attack
- Pacemaker defibrillation
- Circulation problems
- Joint difficulty
- Muscle pain
- Fibromyalgia
- Dementia
- Personality changes
- Alzheimer's, Parkinson's. ALS Amyotrophic Lateral Sclerosis
- Childhood cancers increase
- Brain tumors
- Rare Deadly Brain Gliomas
- Leukemia
- Cancer
- Diabetes
- Heating beamed on humans that mimics a high fever
- Rhinitis (inflammation nasal membranes)
- Asthma
- Allergies such as hay fever
- Food allergy
- Atopic dermatitis (inflammation of the skin)
- Itching and chapped skin on the trunk
- Rheumatism (painful condition of the joints and muscles characterized pain and stiffness)
- Benign uterine fibroid tumors
- Bone loss/osteoporosis
- Dehydration
- Kidney damage


## Electrical Sensitivity

Electrical Sensitivity (ES) is also known as Electrosensitivity, Electromagnetic Sensitivity (EMS), EMF Sensitivity, Electrical Hypersensitivity (EHS), Microwave Sickness, Radio wave sickness, Wireless Stress Syndrome and Rapid Aging Syndrome. A key determining factor in evaluating whether or not someone has ES is how they feel away from EMF and RF and whether or not their health symptoms improve with prudent avoidance.

## Symptoms

The symptoms of ES vary widely with each person, depending on the strength, type and length of exposure as well as exposure to other toxins in the environment, individual constitution and basic health practices. Symptoms can be mild to severe and include: tinnitus, chronic fatigue, headaches, insomnia, concentration, memory, learning and immune system problems, dermatitis, heart palpitations. nausea, joint pain, swelling of face, neck, eye problems, rashes, and cancer.

## Suggestions for Healing

Practice Prudent avoidance of electricity, electromagnetic fields and radio frequencies
Reduce or eliminate cell, cordless phone and wi-fi use (unplug and remove)
Use a corded phone and wired internet connections (confirm the DSL router is wired)
If necessary move away from high EMF or RF environment (power lines, cell towers)
Sleep in an electricity free bedroom
Sleep in a metal free bed. Consider a wool bed.
Reduce electrical exposures as much as possible (use breaker box to turn power off)
Remove dimmer switches, CFL's, fluorescent lights
Install Stetzer filters to mitigate "dirty electricity"
Use a notebook computer on battery with an external (wired) keyboard and wired mouse
Never use the computer on your lap
Work offline when possible
Have your home, car and work tested for EMF and RF (click here for a detailed review of meters to buy or rent)
Alternative health care can be very beneficial: Chiropractic, acupuncture, herbs, massage.
Eat fresh local organic foods.
Follow all rules for basic good health and take it slow: Healing comes with time and distance
Work with policy makers to create responsible public policy to reduce EMF and RF in the environment.
Mast-Victims.Org an online community where people "living under the threat of masts and antennas can record their case histories and share their thoughts online."

Radiation Research Trust EHS TEST
Electrical Sensitivity E-SENS online discussion group
Susan Parsons: "Living with Electrohypersensitivity-A Survival Guide"
Lucinda Grant: Electrical Sensitivity Handbook
Sarah Dacre electro-sensitivity story

## Katie Hickox EHS story

## EMF Electrician Michael Neuert: "Electromagnetic Fields and Your Immune System"

Dr. Christine Aschermann:"Observations from a Psychotherapy Practice on Mobile Telecommunications and DECT Telephones"Aschermann2009

Forced to Disconnect - Electrohypersensitive fugitives e book by Gunilla Ladberg
Go to the EMF Tab of SmartMetersMurder.com for the various links on this page Watch - The Cooking of Humanity
www.StopTheCrime.net

