HEALTH SYMPTOMS FROM L WIRELESS DEVICES

INCLUDING MILITARY WEAPONIZATION OF THE ATMOSPHERE (COMPONENT OF CHEMTRAILS)

- Confusion
- Short term memory loss
- · Inability to focus
- Brain fog/sluggish thinking
- · Difficulty concentrating
- · Headaches
- Migraines
- Vision disruption or eye problems
- Eye pain
- Cataracts
- · Head or chest pressure
- Allergies
- · Difficulty breathing
- · Respiratory problems
- · Slow reaction time
- Sleep disruption
- Insomnia
- Night sweats
- · Nightmares
- Dizziness
- Disorientation
- Balance Problems
- Agitation
- Anxiety
- Depression
- Suicide
- Tension
- Irritability
- Tremors
- Nervousness
- Seizures
- Vertigo
- · Nausea or vomiting
- Flu-like symptoms
- · Digestive difficulty
- Nose bleeds
- Hair Loss
- Rapid Aging/oxidative damage
- · Skin problems including rashes
- Skin irritation/dryness
- White Noise 24/7
- Ringing or buzzing in ears
- · Ear pain
- Tinnitus
- Bed wetting
- Urinary problems

- Behavioral problems in children
- · Pets get jumpy
- Mood disorders
- Lethargy
- Exhaustion
- · Chronic fatigue
- Lost productivity/sick days
- · Loss of employment
- · Unusual family conflicts
- · Disintegrating relationships
- Disturbs Blood Brain Barrier Allowing Toxins to Enter



- Electronic Harassment-Stalking-Mind Control
- Controlling thoughts, Directing physical Actions. V2K Voice to Skull
 - Violent behavior
 - Autism
 - ADHD
 - · Weakened immune system
 - · Physical weakness or pain
 - · High blood pressure
 - · Leg cramps
 - · Stiff neck or back
 - Shuts down the cells-cell death
 - · Changes in genetic makeup
 - DNA breakage
 - EMF causes mercury dental filling vapor to leak causing

- organ and brain damage
- Psoriasis
- Autoimmune disease
- Lupus
- Damages mitochondria
- · Free radical damage and aging
- · Worsening existing poor health
- Demineralization of cells/tissue
- Impotence
- Infertility
- Birth defects
- Life span decreases by +/-8 years
- Heart Attack
- Pacemaker defibrillation
- Circulation problems
- Joint difficulty
- Muscle pain
- Fibromyalgia
- Dementia
- Personality changes
- Alzheimer's, Parkinson's. ALS Amyotrophic Lateral Sclerosis
- Childhood cancers increase
- Brain tumors
- · Rare Deadly Brain Gliomas
- Leukemia
- Cancer
- Diabetes
- · Heating beamed on humans that mimics a high fever
- · Rhinitis (inflammation nasal membranes)
- Asthma
- Allergies such as hay fever
- Food allergy
- Atopic dermatitis (inflammation of the skin)
- · Itching and chapped skin on the trunk
- Rheumatism (painful condition of the joints and muscles characterized pain and stiffness)
- · Benign uterine fibroid tumors
- Bone loss/osteoporosis
- Dehydration
- Kidney damage

*Bio Initiative Report: Over 2,000 Scientific Studies **www.BioInitiative.org*

*AAEM-American Academy of Environmental Medicine - Position Paper "Electromagnetic and Radio Frequency Fields Effect on Human Health", including Wireless Technologies and Smart Meters

*Department of the Army - Fort Mead "Bioeffects of Selected Nonlethal Weapons" Radiofrequency directed energy and Microwave (EMF/RF Radiation) on Targets

*NASA: the Future of Warfare Document - Page 50 - Effects of Low Power Microwaves

Electrical Sensitivity

Electrical Sensitivity (ES) is also known as Electrosensitivity, Electromagnetic Sensitivity (EMS), EMF Sensitivity, Electrical Hypersensitivity (EHS), Microwave Sickness, Radio wave sickness, Wireless Stress Syndrome and Rapid Aging Syndrome. A key determining factor in evaluating whether or not someone has ES is how they feel away from EMF and RF and whether or not their health symptoms improve with prudent avoidance.

Symptoms

The symptoms of ES vary widely with each person, depending on the strength, type and length of exposure as well as exposure to other toxins in the environment, individual constitution and basic health practices. Symptoms can be mild to severe and include: tinnitus, chronic fatigue, headaches, insomnia, concentration, memory, learning and immune system problems, dermatitis, heart palpitations. nausea, joint pain, swelling of face, neck, eye problems, rashes, and cancer.

Suggestions for Healing

Practice Prudent avoidance of electricity, electromagnetic fields and radio frequencies

Reduce or eliminate cell, cordless phone and wi-fi use (unplug and remove)

Use a <u>corded phone</u> and wired internet connections (confirm the DSL router is wired)

If necessary move away from high EMF or RF environment (power lines, cell towers)

Sleep in an electricity free bedroom

Sleep in a metal free bed. Consider a wool bed.

Reduce electrical exposures as much as possible (use breaker box to turn power off)

Remove dimmer switches, CFL's, fluorescent lights

Install Stetzer filters to mitigate "dirty electricity"

Use a notebook computer on battery with an external (wired) keyboard and wired mouse

Never use the computer on your lap

Work offline when possible

Have your home, car and work tested for EMF and RF (click here for a detailed review of meters to buy or rent)

Alternative health care can be very beneficial: Chiropractic, acupuncture, herbs, massage.

Eat fresh local organic foods.

Follow all rules for basic good health and take it slow: Healing comes with time and distance

Work with policy makers to create responsible public policy to reduce EMF and RF in the environment.

<u>Mast-Victims.Org</u> an online community where people "living under the threat of masts and antennas can record their case histories and share their thoughts online."

Radiation Research Trust EHS TEST

Electrical Sensitivity E-SENS online discussion group

Susan Parsons: "Living with Electrohypersensitivity-A Survival Guide"

Lucinda Grant: Electrical Sensitivity <u>Handbook</u>

Sarah Dacre electro-sensitivity story

Katie Hickox EHS story

EMF Electrician Michael Neuert: "Electromagnetic Fields and Your Immune System"

Dr. Christine Aschermann: "Observations from a Psychotherapy Practice on Mobile Telecommunications and DECT Telephones" Aschermann 2009

Forced to Disconnect – Electrohypersensitive fugitives e book by Gunilla Ladberg

Go to the EMF Tab of SmartMetersMurder.com for the various links on this page
Watch - The Cooking of Humanity

www.StopTheCrime.net